

# ABOUT THINK WELLBEING CENTRE

**Think Wellbeing Centre offers a unique and holistic approach to health by bringing together two leading colleges in natural therapies and beauty therapy under one roof.**

**This is a student clinical environment offering the latest approach and techniques at affordable prices. All sessions are supervised by qualified and experienced practitioners.**

**Treat your whole self to a range of health and wellbeing services at Think Wellbeing Centre, Brisbane Campus.**

**For availability and to book please call 07 3270 1040**

## RECEPTION HOURS

**Monday-Saturday 9am – 4pm**

\*Please note: Due to the academic calendar, not all treatments are available at all times. Please contact the Think Wellbeing Centre for availability.

Please arrive 15 minutes before your treatment is scheduled. This gives you and your therapist time to plan your treatment experience.

## CONTACT US

15 Anderson Street  
Fortitude Valley QLD 4006  
Ph: 07 3270 1040



[acnt.edu.au/think-wellbeing-centre](http://acnt.edu.au/think-wellbeing-centre)



[ancb.edu.au/think-wellbeing-centre](http://ancb.edu.au/think-wellbeing-centre)

[wellbeingbrisbane@laureate.net.au](mailto:wellbeingbrisbane@laureate.net.au)

Please note the Wellbeing Centre only accepts electronic payment (Credit Card and EFTPOS). Gift cards are also available.

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RTO No. 0269 | HEP No. 4375 | A College of Think Education Group

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# THINK WELLBEING CENTRE

AUSTRALASIAN COLLEGE OF NATURAL THERAPIES 

Australian National College of Beauty 

## AUSTRALASIAN COLLEGE OF NATURAL THERAPIES

ACNT is a leading college of natural therapies in Australia, training 2000+ students from around the world each year. Our treatments are supervised by experienced naturopaths, nutritionists and massage therapists to ensure the highest standard of quality.

### MASSAGE TREATMENTS

#### Relaxation Massage

This massage rejuvenates tired muscles and counteracts life's daily stress leaving you with a feeling of pure relaxation.

**1 hour**

#### Remedial Massage

A therapeutic massage that targets deeper layers of muscle tissue to treat a variety of ailments pertaining to the musculoskeletal system.

**1 hour**

### NATURAL THERAPIES

Consultations include a holistic and comprehensive health assessment in which students consult with qualified supervisors to develop a treatment plan. Please allow two hours in total for your initial appointment.

#### Nutrition consultation

Clients receive individual dietary recommendations, as well as specific nutritional supplement advice.

**Initial consultation (2hrs)**

**Follow up (1hr)**

#### Naturopathy consultation

Clients are treated with dietary advice, herbal remedies, flower essences and nutritional supplements as each individual requires.

**Initial consultation (2hrs)**

**Follow up (1hr)**

\*Additional charges apply for nutritional supplements, flower essences and herbal remedies.

## AUSTRALIAN NATIONAL COLLEGE OF BEAUTY

ANCB is a leader in beauty training for those seeking five star qualifications in beauty therapy. Our treatments are supervised by internationally accredited, highly experienced beauty therapists to ensure the highest standard of quality. Services available include:

### Facials

Skin Analysis	30min
Mini Facial	45min
Basic Facial	60min
Advanced Facial	90min

*(Cleanse, exfoliate, steam, massage, mask + ampoule)*

### Female Waxing

Eye Brow Shape	30min
Lip	20min
Chin	20min
Full Face	
Underarm	20min
Arm	30min
Full Leg	1 hour
Half Leg	30min
Bikini	30min
G-string	30min

### Male Waxing

Eye Brow Tidy	20min
Chest	30min
Back	30min
Full Arm	45min
Full Leg	1.5hrs
Full Body	2.5hrs

### Spray Tanning

#### Waxing Packages

Half Leg, Bikini & Underarm	1 hour
Full Leg, Bikini & Underarm	1.5hrs
Eyelash, Eyebrow Tint & Wax	45min
Lip & Eyebrow	30min

### Tinting

Brow	20min
Eyelash	30min
Eyelash & Brow	30min

### Manicure

Standard	45min
French	1 hour
Paraffin	1 hour

### Pedicure

Standard	45min
Paraffin	1 hour

### Body Treatments/Massage

Neck and Shoulders Massage	30mins
Swedish Relaxation Massage	1 hour

Indian Head  
45min

Reflexology  
45min

Infra Red (with other body treatment)

Aroma	n/a
Body Contouring	n/a
Hot Stone Massage	90min
Full Body Exfoliation with Tan	

### Make Up

Day	
Evening	
Bridal	

PRICE UPON REQUEST