HEALTH COURSE GUIDE
GET WELL. STAY WELL. LOOK WELL.
A Holistic Approach


Laureate Health offers a holistic approach to health education. We are excited that you have considered studying with us and we’re confident that together, we can make a positive, lasting contribution to the health and wellbeing of our society.

When you join Laureate Health, you become part of a wider international community as one of the world’s largest providers of postsecondary programs in health sciences. There are over 220,000 Laureate students studying health sciences worldwide in more than 30 institutions in 16 countries, as well as online.

Our vision is to “Get Well, Stay Well, Look Well”. Covering physical, mental and aesthetic health and wellbeing of individuals and communities, we aim to provide students with the necessary skills and knowledge to excel in their chosen field to successfully forge rewarding careers, tackle global challenges and impact the future.

We understand the importance of practical skills in today’s job market, so we provide the opportunity for students to engage in practical training before graduating. This includes working in one of our three Wellbeing Centres or in our partner facilities where students gain practical experience, providing services to the public under the supervision of qualified professionals. We also maintain strong connections with the wider health industry, through acknowledgement of industry accreditation bodies.

All this, along with our academic team who are experts in their respective fields, ensures our graduates enjoy a strong reputation amongst employers in Australia and internationally graduating with industry relevant expertise and experience.

We’re dedicated to providing you with a supportive learning environment so that you can achieve your personal and professional goals.

Kath Curry
General Manager
Health
At Think Education, we challenge the thinking of the traditional education system. We believe in delivering an experience that empowers resilience, confidence and curiosity, and brings our students’ talents and abilities to life.

Every year Think Health colleges provide students with the skills and knowledge to thrive throughout a career in a growing industry. We believe in the importance and power of physical, mental and aesthetical health and wellbeing, and know that practitioners are the ones who unlock the greatness. Our students are rigorously trained in science and tradition, nature and technology. We teach enthusiasm, dedication and humanity, and we prepare each and every student for work.

Laureate International Universities (LIU) is a leading international network of quality, innovative institutions of higher education. The LIU network, of more than 70 accredited campus-based and online institutions, offers undergraduate and postgraduate degree programs to more than 1,000,000 students in 25 countries around the world. Laureate’s universities offer undergraduate, masters and doctoral degree programs in fields such as architecture, business, engineering, hospitality management, law and medicine. Many Laureate institutions are ranked among the top providers of higher education in their respective regions, countries and fields, and have received international recognition for their academic quality.

At Torrens University Australia, we bring a fresh, modern, careers-focused and global perspective to higher education. Here’s what that means for you.

A game-changing university, Torrens is aimed at providing graduates with a globally oriented skill-set that will make them a valuable commodity to any employer. It is deeply focused on providing an avenue towards rewarding employment that will fit with the lifestyles of our students.

Torrens also offers its courses online to provide convenient access to students.

The Australasian College of Natural Therapies (ACNT) has been delivering specialised education for over 30 years in the industry and continues to expand and improve on the courses and facilities. ACNT provides courses in health science and massage. Coursework at ACNT emphasises practical training, so graduates are confident and ready to work in the industry. Students train in our Wellbeing Centres. These Centres provide real world clinical experience so that graduates are industry ready with the experience and confidence to treat a range of client presentations.

The Southern School of Natural Therapies (SSNT) has played a leading role in the development of complementary and integrative medicine both in Australia and internationally. The school is the longest established education institution of its kind in Australia with over years of academic excellence. SSNT produces highly trained primary contact healthcare practitioners that have a sophisticated understanding of clinical research methodology, using both scientific methods and new research models. The college is committed to training practitioners who are dedicated to helping people take responsibility for their own health and to promote a balanced lifestyle in their health guidance.

The Jansen Newman Institute (JNI) is an academic institution with a strong industry reputation for launching and developing the careers of motivated students in the areas of counselling, psychotherapy and community services. The institute has been transforming the lives of students for over 30 years.

The Network
Of Health Colleges

A long history and established reputation in various health fields.
This dedicated holistic health and wellbeing campus is located in Pyrmont, which is one of Sydney’s fastest-growing and most culturally diverse communities. The Pyrmont campus is close to Sydney’s central business district with easy access to public transport. Students enjoy the latest in learning technology and a creative, social and collaborative learning environment. The space is modern and new with full clinic facilities.

The Fitzroy campus is located in the vibrant Brunswick Street district (near Melbourne’s CBD) which is famous for its eclectic mix of cafes, restaurants and nightlife. With a commitment to operating in a sustainable and green campus, the space reflects Laureate Australia’s goal to create inspiring learning environments by combining high quality classrooms and social settings that give our students a safe space to thrive.

Located in Fortitude Valley, just minutes from Brisbane’s city centre, this cutting-edge campus is a creative and stimulating learning environment that is part of our mission to disrupt and reinterpret the way education is delivered. The campus is perched on cliffs overlooking the Brisbane River and captures a Queensland architectural-style that the Sunshine State is famous for. Enjoy the latest digital learning technologies, open learning and collaborative classrooms, and a creative and stimulating environment.

Torrens University Australia’s Adelaide campus is based on the historic site of the Menz Biscuit Factory. The campus has been built from the ground up with a single purpose in mind – the student learning experience. Students can take advantage of numerous dedicated study areas, breakout pods and chill-out zones, while having unprecedented access to their learning facilitators – there are no separated, closed-off academic offices in the building. Facilitators hot-desk and share open access with the students so the campus functions as a true democratic learning community.
Real Clients. Real Clinics. Real Results.

One of our paramount aims as educators is to provide our students with the skills and experience needed to successfully enter the workforce of their chosen field.

In order to achieve this, we provide our students with valuable hands-on experience and training through our Wellbeing Centres at our campuses in Pyrmont, Fortitude Valley and Fitzroy.

Here, students learn how to interact with real clients and learn how to work in a public-facing holistic clinic with all sessions supervised by qualified and highly experienced practitioners.

The graduates of our health colleges enjoy a strong reputation among employers in Australia and internationally graduating with both expertise and experience.
STUDYING ON CAMPUS

Studying on-campus will give you access to lectures, tutorials, practical sessions, clinics and our wide range of support services. You’ll also have access to each college’s Student Portal – which will provide you with a comprehensive range of learning materials, plus general information about the college and courses. Study periods vary depending on the course you choose, but they typically involve 10-12 weeks of teaching with three study periods (trimesters) being delivered in a calendar year. During these periods and depending on your course, you’ll need to spend between 16-30 hours per week attending classes, practical demonstrations, self-directed study and Student Clinic sessions.

FLEXIBLE ONLINE LEARNING*

All of our courses deliver the same course outcomes. Regardless of whether you’re an on-campus or a Flexible Online Learning student, our students graduate as high-calibre job-ready professionals via a personalised learning journey that’s as flexible as it can be. If you’re an Australian student, you’ll be able to enrol in one of our many Flexible Online Learning courses on a full-time or part-time basis. Online study is a great option if you’re juggling work and/or family commitments or don’t live close to a campus. As an online student, you will receive a detailed orientation program and comprehensive learning materials to guide you through your subjects. You will receive the same level of support as if you were studying on-campus, however study is done at a time that suits you within a set study period.

*Flexible Online Learning and part-time study options are only available to Australian students.

STUDENT SERVICES

The Student Services team at each of our four campuses are always available to provide students with a range of academic, administrative and support services, ensuring a smooth path from entry through to graduation. Queries regarding enrolments or fees, recognition of prior learning, submitting an assignment, accessing counselling or receiving adjustments for a disability or medical condition can be directed to our team members, who will be more than happy to help.

SUCCESS COACHES

Laureate’s Success Coaches are industry and teaching stars, able to leverage a student’s strengths and align their learning with their broader life purpose. They work with students from their first admission, coaching students to successfully navigate the educational landscape and build personal and professional capability to improve their employability outcomes including self-employment and entrepreneurship. With a focus on the student’s career goals, and trained in Gallup strengths quest, the Success Coach takes a strengths-based approach to engage with and motivate students for study and career success.

The Success Coach works closely with the Program Director, ensuring that the students learning experiences makes sense, including readiness for and securing of work integrated learning, placements, internships and opportunities in internal enterprises. Our Coaches are qualified industry professionals in the relevant field of study, and are able to give students the inside edge to succeed in their chosen career. Our coaches work online, on campus and hybrid students throughout their journey, ensuring that the student is connected and motivated.

YOUR WELLBEING

We are committed to supporting the health and wellbeing of our students, and we implement a number of student services intended to support the student experience.

STUDENT COUNSELLING

While many graduates look back at their studies as some of their happiest memories, many need help to balance study, family and work commitments, to manage incidents or issues that arise during their course, or in coping with stress, anxiety or depression. In line with our approach to holistic health and wellbeing, we provide confidential and free-of-charge counselling with no issue too great or too small.

A PERSONAL APPROACH

We recognise that each student has an individual way of learning and individual study needs. Our students are offered a tailored approach to their course structure with a combination of on-campus and online classes, plus extensive learning resources to create a flexible learning environment that caters to our students’ unique needs and situations.

OUR COMMUNITY

By joining one of our colleges or Torrens University Australia, you become part of something bigger: our community. We believe there’s a better way to learn, where practical skills and academic rigour sit side by side, where employment and entrepreneurship count. At each of our institutions you’ll find a focus on hands-on experience, flexibility in how and where you learn, and a commitment from us to help you succeed in your new career.

FLIPPED CLASSROOMS

Most of the subjects are designed around the principles of the ‘flipped classroom’ - learn through doing, not just through listening. The flipped classroom model provides you with the opportunity to familiarise and explore content before entering the classroom.

This might involve reading articles or texts, watching videos or listening to podcasts. When you come to class, you’ll learn the ways in which that content is relevant by applying it. The flipped classroom model has been shown to reinforce learning at a deeper level and allows you to master weekly content and concepts, moving forward to the next topic with confidence.
Our Academic Staff

Our teachers are industry practitioners, with strong industry experience.

SIMONE MORLEY
Associate Dean, Learning & Teaching

NATALIE COOK
Director of Industry, Employability and Innovation

LOUISE ZYLAN
Program Director, Nutrition

CATHERINE SMITH
Program Director, Naturopathy

ASHLEY HILLSLEY
Program Director, Health Science

RANIA SALAMA
Program Director, Science Core

TIM TREVAIL
Program Director, Physical Health

DION KHELNTZOS
Program Director, Counselling

CARMEN PERKINS
Program Director, Aesthetics

KATHERINE FAULL
Program Director, Public Health

KAREN CROGAN
Program Director, Human Services

Connected and Accredited

Depending on which course you undertake at one of our institutions you will be recognised by the following associations:

- Jansen Newman Institute
- Southern School of Natural Therapies
- Australasian College of Natural Therapies
- Caphia

Our Academic Staff
Our Courses

FOR ENTRY REQUIREMENTS OR ANYTHING ELSE YOU WOULD LIKE TO KNOW, PLEASE CONTACT YOUR COURSE AND CAREER ADVISOR.

DIPLOMAS:
• Diploma of Health Science
  CRICOS COURSE CODE: 084580B
• Diploma of Remedial Massage (HLT52015)
  CRICOS COURSE CODE: 084580B

UNDERGRADUATE:
• Bachelor of Health Science (Naturopathy)
  CRICOS COURSE CODE: 084576J
• Bachelor of Health Science (Western Herbal Medicine)
  CRICOS COURSE CODE: 084578G
• Bachelor of Health Science (Chinese Medicine)
  CRICOS COURSE CODE: 069581D
• Bachelor of Health Science (Myotherapy)
  CRICOS COURSE CODE: 084579F
• Bachelor of Health Science (Nutritional Medicine)
  CRICOS COURSE CODE: 084577G

DIPLOMAS:
• Diploma of Nutrition
• Diploma of Health and Wellbeing
• Diploma of Sport Development
• Diploma of Counselling and Communication Skills
  CRICOS COURSE CODE: 094183K
• Diploma of Human Services
  CRICOS COURSE CODE: 092480F
• Diploma of Beauty and Spa Practice
  CRICOS COURSE CODE: 094184J

UNDERGRADUATE:
• Bachelor of Nutrition
  CRICOS COURSE CODE: 090268D
• Bachelor of Applied Public Health
  CRICOS COURSE CODE: 088181G
• Bachelor of Health Science (Aesthetics)
  CRICOS COURSE CODE: 093345E
• Bachelor of Human Services (Ageing)
  CRICOS COURSE CODE: 092481E
• Bachelor of Human Services (Disability)
  CRICOS COURSE CODE: 092482D

POSTGRADUATE:
• Master of Public Health
• Master of Philosophy
  CRICOS CODE: 088692J
Since its establishment with funding from the Australian Government in 1999, the Public Health Information Development Unit (PHIDU) has been committed to providing information on a broad range of health and other determinants across the lifespan.

Located at Torrens University Australia since November 2015, our emphasis continues to be on the publication of small area statistics, for monitoring inequality in health and wellbeing, and for supporting planning and research to improve population health outcomes.

Since 2008, PHIDU has offered free online access to a comprehensive range of current (and some historical) data* at national, jurisdictional, regional and small area levels for Australia. Socioeconomic and geographical variations in health are highlighted in interactive atlases and graphs, and supported by data tables and metadata. Where available, data are analysed by age, sex and Indigenous status.

This web-based source of data on health and its determinants is unique in Australia, and has been acknowledged internationally by agencies such as the World Health Organization.

PHIDU

Public Health Information Development Unit

Australia is currently experiencing a rapid ageing of its population. One of the key questions emerging around the issue of ageing is how societies will be able to achieve and maintain positive ageing and wellbeing for older people.

As a global network, Laureate is uniquely positioned to address this issue. Our ‘Here for Good’ ethos, national and international footprint and broad strengths mean we have the potential to positively impact the lives of older people, wherever they are across the world.

To address this emerging trend, we have established the Torrens Centre for Positive Ageing and Wellbeing. Over the next five years, we aspire to build a national and international profile of excellence in innovative education, training and industry-based research in positive ageing and wellbeing. Health students from our range of health and wellbeing and human services courses will play a critical role in the success of the Centre both now and in the future.

In acknowledgment of the many facets of ageing, the Centre will not just focus solely on Health, instead implementing a cross-disciplinary approach that will involve the whole of Laureate, including students from Business, Hospitality, Design and Education. We are excited to be at the forefront of positive ageing and wellbeing and look forward to making a lasting impact within communities.

Torrens Centre of Positive Ageing and Wellbeing

Here for good – dedication in research for the community
Need to Know:

Dates and applying

WE HAVE THREE INTAKES PER YEAR

» 2017
  • TRIMESTER 1 2017: 22 February
  • TRIMESTER 2 2017: 5 June
  • TRIMESTER 3 2017: 18 September

Mid-term intakes may be available for some courses, please contact Course & Career Advisor for further information.

How to Apply

Call a Course and Career Advisor of the college you want to apply to:

Australasian College of Natural Therapies: 1300 017 267
Southern School of Natural Therapies: 03 9415 3333
Jansen Newman Institute: 1800 777 116
Torrens University Australia: 1300 575 803

OR

Apply online:
acnt.edu.au/apply
ssnt.edu.au
jni.edu.au/apply
torrens.edu.au/apply

International Students

International students from over 40 countries study in Australia with Think Education and Torrens University - an award-winning private provider of higher education, vocational and English language courses. Our graduates have work ready skills thanks to the excellent training and work experience they receive during their studies. We also offer caring support to our students while they are living in Australia.

Events

See what life’s like at our colleges! We hold Campus Open Days three times a year, in January, April and August. We also host an array of other events with special guests, workshops, giveaways and more.